

Offal Meatballs, a Cherry Jus & Cauliflower Purée

Delight at dinner time with offal meatballs on a bed of creamy cauliflower purée with a cherry jus

Serves: 4

Prepare: 10 Minutes Cook: 20 Minutes Difficulty: medium

Ingredients

For The Offal Meatballs

- 200g <u>organic shoulder of pork</u>, roughly chopped and minced
- 200g <u>pork liver</u> roughly chopped (as fine as possible)
- 300g <u>streaky bacon</u> or <u>bacon lardons</u>, finely chopped
- 100g cooked pork skins
- 2tbsp beef tallow
- 1tbsp seaweed herb seasoning
- 1tbsp dried parsley
- 1tbsp turkish urfa chilli powder
- 30g black garlic paste

For The Cauliflower Puree

- 1 cauliflower, washed with leaves trimmed off and 2cm of the tough stem cut
- 2tbsps unsalted butter
- 4 medium garlic cloves, thinly sliced
- 1 small banana shallot, roughly chopped
- 250ml double cream
- ½tsp sea salt

For The Cherry Jus

- 400g whole cherries
- 400ml beef stock
- 175ml glass of red wine
- 1 cup water
- meat juices from the offal meatballs

Method

For The Offal Meatballs

- 2-4 hours before you plan on cooking, salt the pork skins and leave to dry for 2-4 hours. Roast in the oven at 210°C until crispy. Grind in a spice blender until fine in texture
- 2. Preheat oven to 170°C
- In a large metal bowl, place your raw minced pork shoulder, bacon, pork skin breadcrumbs, pork liver and spices
- 4. Mix well with your hands and create little balls within the palms of your hands
- 5. In a pan of melted tallow gently brown the offal meatballs
- 6. Place them in an oven proof dish, lined with baking paper and cook for 30 minutes

For The Cauliflower Puree

- 1. Cut the cauliflower into florets and steam for 4-5 minutes
- 2. Melt butter in a pan and add the garlic and shallots
- 3. Cook for five minutes until soft and translucent (stirring frequently)
- 4. Add the cauliflower and cream, stirring to warm through
- 5. Add lid and simmer for a further 2-3 minutes
- 6. Using a blender, blend the cauliflower and cream to form a smooth purée
- 7. Season with sea salt and serve as a base to the offal meatballs in a large serving dish

For The Cherry Jus

- 1. Wash your cherries, removing the stems and stones
- 2. From the oven dish your offal meatballs have been

cooked in, pour the meat juices into pan and add the cherries

- 3. Add wine and stock and bring to boil
- 4. Reduce heat and simmer to reduce until a sticky, jammy sauce (make sure you stir frequently so it doesn't burn)
- 5. Drizzle over the cauliflower and offal meatballs, adding edible flowers if wanted