

Garlic & Rosemary Flavoured Fat

Roast potatoes are one of the best accompaniments to a roast, so make them extra special with a flavoured fat.

Serves: 8

Prepare: 5 Minutes Cook: 5 Minutes Difficulty: easy

Ingredients

- 190g tub of organic <u>beef tallow</u> or organic <u>goose fat</u> or organic <u>pork lard</u>
- sprig of fresh rosemary leaves stripped from the stem
- 4 garlic cloves, peeled

Method

- 1. Blitz the garlic and rosemary in a blender until roughly chopped
- 2. Heat a small saucepan then briefly toast the garlic and rosemary mix, releasing the fragrant oils and flavours
- 3. Dollop the tallow into the hot pan, letting it melt slowly and mix well with the garlic and rosemary
- Grab a sterilized Kilner jar, carefully pour in the liquid fat, seal and leave to set. It'll keep in the fridge for at least a month