

BBQ Brisket Burnt Ends

Start the BBQ season in style with this slow cooked delight

Serves: 8

Prepare: 10 Minutes Cook: 6 Hours Difficulty: Medium

Ingredients

- 1.8kg point end brisket
- 2tbsp salt
- 2tbsp cracked black pepper
- 2tbsp garlic powder
- 1tbsp smoked paprika
- 300ml bbq sauce
- 150ml brown sugar
- apple cider vinegar
- water
- American-style mustard

Method

- 1. Lay the point end brisket on a flat surface and apply a light coat of American style mustard over all sides of the brisket (this acts as a binder). Combine the salt, pepper, garlic power and paprika together and season the meat on all sides. Pop in the fridge until you are ready to smoke.
- 2. Set up your bbq/smoker with a generous amount of lumpwood charcoal and light some firelighters. As the coal begins to catch, add some smoking wood to your bbq (oak is a great choice for beef. Cherry wood is also nice and gives your meat a lovely colour and flavour). Set your bbq for indirect heat, close the lid and allow the smoke to reach 100 °C-110 °C.
- 3. Remove the brisket from the fridge and insert a meat thermometer (set the internal meat temperature to 73 °C/165 °F). Lay the brisket on your grill and close the bbq lid. Combine apple cider vinegar and water in equal parts and pour into a spray bottle. Spritz the brisket every 30-45 minutes to prevent it drying out and to form a nice bark.
- 4. When the internal temperature reaches 73 °C, wrap the brisket in butchers' paper or foil and return to the bbq. Return to the bbq and let the internal temperature reach 90 °C. At this point you want to remove the brisket from the foil and drain any liquid into a jug.
- 5. Lay the brisket on a chopping board and cube the meat into 1 inch cubes. Transfer the meat into a roasting tin and toss through with bbq sauce and brown sugar (add a splash of ACV if you like). Return the uncovered pan to the bbq and smoke for a couple of hours at around 10 °C or until the burnt ends are caramelised and have absorbed the liquid.